

HEART HEALTH ADVANCED CO-Q10 (CARDIOVASCULAR & IMMUNE SUPPORT)



PROMOTES
CARDIOVASCULAR HEALTH

HELPS MAINTAIN HEALTHY
CHOLESTEROL LEVELS,
BLOOD SUGAR LEVELS, AND
NORMAL BLOOD PRESSURE



C13600 | SINGLE BOTTLE (30 SERVINGS)

Why choose Heart Health Advanced Co-Q10 ?

Coenzyme Q10 is a nutrient that plays a vital role in health maintenance. It contributes to a healthy cardiovascular system, sustaining vitamin E levels in cell membranes, energizing the immune system and proper functions maintenance.

A person's heart beats, on average, 100,000 times each day, which adds up to about 36 million times per year. Co-Q10 is the vital nutrient that initiates the energy at the cellular level that powers the heart, the body's energy production cycle. That's why Heart Health Advanced Coenzyme Q10 can help promote cardiovascular health and the immune system.

As individuals age, the ability to synthesize coenzyme Q10 begins to decline. Sometimes this is due to poor eating habits, stress or infections, but the main challenge for most people is the ability to choose the right foods containing Co-Q10, as well as the other nutrients needed to manufacture it in the body. It is a combination of both that provides the body with the best possible amount of Co-Q10 for optimal health.

FAQs

What type of vitamin E is in Advanced Coenzyme Q10?

The natural form of vitamin E, d-Alpha-Tocopherol, is in Advance Coenzyme Q10. It is far superior to synthetic in terms of retention in the body and absorption.

If my body makes CoQ10, why should I take a supplement?

When you are young, your body can produce adequate levels of CoQ10. However, as you get older, your cells do not produce enough of the energy they need to function well.

Supplementation of CoQ10 has been shown to raise blood levels of this co-enzyme when the body's ability to synthesize it begins to decrease.

What is the recommended serving size of Coenzyme Q10?

Coenzyme Q10 has been used in maintenance servings of 30-60 mg, but can go up to 100 mg or more.