

HEART HEALTH ESSENTIAL OMEGA III FISH OIL WITH VITAMIN E



HELPS MAINTAIN NORMAL
CHOLESTEROL LEVELS

EPA AND DHA HELP SUPPORT
BRAIN FUNCTION

SOURCE OF FATTY ACIDS
WHICH SUPPORT
CARDIOVASCULAR



C13852 | SINGLE BOTTLE (60 SERVINGS)

Why choose Heart Health Essential Omega III Fish Oil with Vitamin E? Heart Health Essential Omega III with Vitamin E is a superior product due to a number of factors. The best fish are used to produce a clean and safe product that is rich in eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). It also contains 3000 mg of fish oil (EPA 900 mg and DHA 600 mg) where most other commercial products contain a third of the total fish oil contained in Heart Health Essential Omega III. Heart Health Essential Omega III comes from small fish where other competitive products use large fish which are more likely to accumulate toxins. Heart Health Essential Omega III provides a high quality, high purity product with significant percentages of the health promoting EPA and DHA.

Recent research has shown that that fish oil may be beneficial in supporting cognitive function by helping the body manage stress and enhance mood. It may also promote a healthy complexion. In an article published in The American Journal of Clinical Nutrition, the effects of Omega-3 Fish oil supplementation was shown to be beneficial for healthy cognitive and cardiac functioning. The study shows that supplementing with fish oil daily can rapidly raise the levels of EPA and DHA in cardiac tissue. This is important because both EPA and DHA have been proven to help maintain normal plasma triglycerides. In addition, DHA has been shown to help maintain blood pressure and blood viscosity.

Heart Health Essential Omega III Fish Oil with Vitamin E provides the three grams of EPA† and DHA† that studies reveal is the most effective amount to promote overall cardiovascular health. Fish oils have been clinically demonstrated to provide a host of benefits that successfully promote cardiovascular health. Essential Omega III Fish Oil helps maintain normal cholesterol, triglyceride and blood pressure levels, helps maintain healthy levels of C-reactive protein, helps maintain normal blood flow and helps enhance mood.

The fish oil used in Essential Omega III is tested twice, once from the manufacturer and then by an independent testing company for mercury, lead, PCB, and other heavy metals. Both tests confirmed that Heart Health Essential Omega III Fish Oil is free of mercury, lead, PCPs, and other heavy metals. We only use fish oil that meets or exceeds standards set by Canada (CFIA), the European Union (EU) and the United States (CRN).