JOINT HEALTH AND FLEXIBILITY KIT



SUPPORT HEALTHY CARTILAGE

HELPS SUPPORT HEALTHY
JOINT FLUIDITY AND
FLEXIBILITY

HELPS MAINTAIN JOINT COMFORT



SG6492

This kit includes:

One Prime™ Joint Support Formula by Isotonix®
One Heart Health™ Essential Omega III Fish Oil with Vitamin E
One Curcumin Extreme™

Key Ingredients Glucosamine

Glucosamine is a molecule that is naturally synthesised in the body from glucose and the amino acid glutamine. Glucosamine is an important constituent of glycosaminoglycans in cartilage matrix and synovial fluid. As our bodies age, we are less able to produce glucosamine, resulting in cartilage that is less flexible and weak. Although the mechanism is currently unclear, studies have shown that glucosamine supplementation can support normal, healthy cartilage cell production to help maintain overall joint health.

Hyaluronic Acid

Hyaluronic acid plays an important role in tissue hydration and lubrication. Although it is produced naturally by the body, the level of hyaluronic acid diminishes with age, contributing to joint discomfort. It is a key component of cartilage and is important for joint health. Hyaluronic acid has been shown to help maintain strong, healthy cartilage and enhance synovial fluid production.

Fish Body Oils

Fish oils or marine oils, are lipids (fats) found in fish, particularly cold water fish like herring, kipper, mackerel, menhaden, pilchard, salmon, sardine and trout, and phytoplankton (the sources of fish oil in Heart Health Omega III Fish Oil with Vitamin E are sardines and anchovies, tested by the manufacturer and an independent testing company to be virtually free of mercury lead, PCB and other heavy metals). Fish oils are rich sources of omega-3 long-chain polyunsaturated fatty acids. EPA (eicosapentaenoic acid) and DHA (docosahexanenoic acid) are the two most studied fish oils. Omega-3 fatty acids can help to maintain healthy triglyceride levels. Fish oils are also important in the maintenance of normal blood flow, as they support normal fibrinogen levels (coagulation or blood clotting), which contributes to normal platelet activity.