

ISOTONIX® L-TRYPTOPHAN

Isotonix®

The world's most advanced nutraceuticals

ENHANCE AND STABILIZE
MOOD

CALMNESS AND RELAXATION

NORMAL SLEEP CYCLE



PRODUCT SKU: 13062 | 30 SERVINGS

Why Choose Isotonix L-Tryptophan?

For anyone who has experienced stress, difficulty sleeping, or simply wants to enhance their mood, Isotonix L-Tryptophan is the answer. Not to be confused with the culprit of after-thanksgiving dinner lethargy, Isotonix L-Tryptophan is an isotonic capable form of the essential amino acid, l-tryptophan. Unlike other leading brands, Isotonix L-Tryptophan provides maximum results by including niacin and Vitamin B6, members of the B vitamin family, which are key players in the absorption of l-tryptophan. By supplementing with Isotonix L-tryptophan, healthy levels of serotonin in the brain will help enhance mood and support restful sleep leading to a healthier and happier you.

When should I start to see/feel the effects Isotonix L-Tryptophan? What should I expect?

The benefits of Isotonix L-Tryptophan should be noticeable within a day of the first serving. Please remember that everyone's body is different, so for some it may take more or less time to notice the benefits of Isotonix L-Tryptophan. The isotonic state of the suspension allows nutrients to pass directly into the small intestine and rapidly absorb into the bloodstream.*

Why is Isotonix L-Tryptophan important?

Tryptophan is an essential amino acid that is the precursor for serotonin (a neurotransmitter). It can help to enhance and stabilize mood, help to promote calmness and relaxation, and may help to enhance mental focus and memory.*

How do I take Isotonix L-Tryptophan?

For sleep support, take 30 minutes prior to bedtime. Pour 1-2 level, white bottle capfuls of powder into the overcap. Add water to the line on the overcap (60mL/2 fl. oz for 1 capful; 120mL/4 fl. oz. for two capfuls), stir and drink.

For mood enhancement, pour one level, white bottle capful of powder into the overcap. Add water to the line on the overcap (60 ml/2 fl. oz for 1 capful), stir and drink.