## PRIME DREAMZ™



HELPS PROMOTE THE DEEP,
RESTFUL THIRD AND FOURTH
STAGES OF SLEEP

MAY IMPROVE SLEEP QUALITY

MAY HELP YOU RELAX

MAY HELP STABILIZE MOOD



## Why Choose Prime Dreamz?

Sleeping well each night has been shown to reduce stress and irritability, improve your energy and concentration, and boost your immune system.

Prime Dreamz is one of the leading relaxation and sleep supplements available, helping you fall into a deep sleep. Prime Dreamz's sleeping aid is formulated to also help light sleepers reach the last and most important stages of sleep.

Other supplements for sleep use antihistamines, which can have unpleasant side effects such as daytime drowsiness, dry mouth, dizziness and memory problems. Prime Dreamz is a natural sleep aid using ingredients such as magnesium, passionflower, chamomile and melatonin to help people fall asleep quickly and wake up feeling refreshed instead of groggy and tired.

## Is Prime Dreamz habit-forming?

Prime Dreamz should only be taken occasionally as needed to reduce the length of time it takes to fall asleep. If you feel the need to take Prime Dreamz more than four nights in a seven-day period, you may have a serious sleep disorder and should consult your physician.

Ingredients	Benefits*
Magnesium	Supports the body's ability to relax muscles
Passion Flower	Promotes relaxation
Chamomile	Provides the body with calming effects
Melatonin	Helps control your sleep and wake cycles