

TIMELESS PRESCRIPTION OXYGEN EXTREME

**TIMELESS
PRESCRIPTION®**

ANTI-AGING SKINCARE

STRONG ANTIOXIDANT
PROTECTION

PROMOTES SKIN HEALTH

PROMOTES EYE AND VISION
HEALTH



PRODUCT SKU: 6101 | 30 SERVINGS

Why Choose Timeless Prescription Oxygen Extreme?

Your skin - much like the rest of your body - can be negatively affected by free radicals. By combining both botanicals and vitamins in a single product, Timeless Prescription Oxygen Extreme promotes your skin's health with both an antioxidant and herbal defense. No other product combines the variety of ingredients in Timeless Prescription Oxygen Extreme.

How can the use of antioxidants fight against free radicals?

The vitamins C and E are thought to protect the body against the negative effects of free radicals. Antioxidants neutralize free radicals by donating one of their own electrons, ending the electron-stealing reaction. The antioxidant nutrients themselves don't become free radicals by donating an electron, because they are stable in either form. They act as scavengers, helping neutralize free radicals.

Vitamin E is the most abundant fat-soluble antioxidant in the body. It is one of the most efficient, chain-breaking antioxidants available. It is a primary defender against oxidation and lipid peroxidation (creation of unstable molecules containing more oxygen than is usual). Vitamin C is the most abundant water-soluble antioxidant in the body. It acts primarily in cellular fluid. It is particularly effective in combating free-radical formation caused by pollution and cigarette smoke. It also helps return vitamin E to its active form.

What is the best antioxidant to take?

The best way to fight free radicals is with a collection of antioxidants. There is not one single antioxidant that is most effective. In order to be effective, there must be a team of antioxidants all working together. When you supplement with a team of antioxidants, you will find that the whole is greater than the sum of its parts.

How does an antioxidant supplement help someone who works out?

Working out increases the number of free radicals in the body. By taking an antioxidant supplement directly after a workout, you can help reduce the oxidative stress on your body. By reducing the free radicals, you are putting your body into a more balanced mode. Understand that the idea is not to eliminate free radicals — just to restore a proper balance.