

HEART HEALTH™ ADVANCED CO-Q10 (CARDIOVASCULAR & IMMUNE SUPPORT)



PROMOTES
CARDIOVASCULAR HEALTH
HEART MUSCLE STRENGTH
NORMAL BLOOD PRESSURE



PRODUCT SKU: 13600 | 30 SERVINGS

Why Choose Heart Health Advanced Co-Q10?

Many factors contribute to poor cardiovascular health, including poor diet and inactivity. However, when combining proper diet, regular exercise and appropriate supplementation, cardiovascular health can be maintained. Studies have shown that supplementing your diet with Coenzyme Q10 (CoQ10) can contribute to improved cardiovascular health.

To enhance your cardiovascular health, add Heart Health Advanced Co-Q10 to your supplement routine. With a blend of CoQSol-CF, a unique, patent-pending formula of CoQ10, food grade d-limonene (which ensures greater absorption), and vitamin E this combination creates a liquid, crystal-free solution of CoQ10 that provides enhanced bioavailability. Heart Health Advanced Co-Q10 helps maintain normal blood pressure, healthy cholesterol levels, provides antioxidant protection and promotes cellular energy production.

What type of vitamin E is in Heart Health Advanced Co-Q10?

The natural form of vitamin E, d-Alpha-Tocopherol, is in Heart Health Advanced Co-Q10. It is far superior to synthetic in terms of retention in the body and absorption.

If my body makes CoQ10, why should I take a supplement?

When you are young, your body can produce adequate levels of CoQ10. However, as you get older, your cells do not produce enough of the energy they need to function well. Supplementation of CoQ10 has been shown to raise blood levels of this co-enzyme when the body's ability to synthesize it begins to decrease.

What is the recommended serving size of Coenzyme Q10?

Coenzyme Q10 has been used in maintenance servings of 30-60 mg, but can go up to 100 mg or more.

Is there a certain time I should take CoQ10?

Coenzyme Q10 should be taken with a meal containing some fat. However, taking it in combination with soy or vegetable oil substantially enhances its absorption.