Why Choose Heart Health Omega III Fish Oil with Vitamin E?
There are an abundance of fish oil products on the market but only Heart Health Essential Omega III Fish Oil with Vitamin E uses the best fish to provide a clean and safe product rich in eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). Also, in contrast to competitors who use large fish, Heart Health Essential Omega III Fish Oil with Vitamin E uses small fish such as sardines and anchovies to limit the accumulation of toxins prevalent in larger fish. In addition, by containing 3000mg of fish oil, Heart Health Essential Omega III Fish Oil with Vitamin E contains nearly three times more fish oil than most other fish oil products, and meets the 3g recommendation of the American Heart Association.*

Heart Health Essential Omega III Fish Oil with Vitamin E provides the three grams of omega-3 that studies reveal is the most effective amount to promote overall cardiovascular health. Fish oils have been clinically demonstrated to provide a host of benefits that successfully promote cardiovascular health. Heart Health Essential Omega III Fish Oil with Vitamin E helps maintain normal cholesterol and triglyceride levels, promotes healthy blood pressure levels, helps maintain healthy levels of C-reactive protein, helps maintain normal blood flow and helps enhance mood.

Is the fish oil tested to be free of heavy metals?
Yes. The fish oil used in Heart Health Essential Omega III Fish Oil with Vitamin E is tested twice, once from the manufacturer and then by an independent testing company. The fish oil used is laboratory tested for mercury, lead, PCB and other heavy metals. We only use fish oil that meets or exceeds standards set by Canada (CFIA), the European Union (EU) and the United States (CRN).