

# PRIME FEMINENE® FEMALE SUPPORT FORMULA

**PRIME™**  
ANTI-AGING NUTRACEUTICALS

HELPS TO REDUCE HOT  
FLASHES AND NIGHT  
SWEATS ASSOCIATED WITH  
MENOPAUSE

STABILIZE MOOD

COUNTERACT MILD EFFECTS  
OF PMS



PRODUCT SKU: 13179 | 30 SERVINGS

## Why Choose Prime Feminene Female Support Formula?

Menopause and premenstrual syndrome (PMS) can result in hot flashes, night sweats, fatigue, mood swings, physical and mental discomfort. Prime Feminene Female Support Formula can help reduce these and other symptoms of menopause and PMS thanks to a combination of three unique ingredients: Lifenol®, maca root and chaste berry extract. Prime Feminene is scientifically formulated to help women maintain a healthy, normal hormonal balance.

## What is Lifenol®?

Lifenol is patented extract from hops cones that has been shown in numerous clinical studies to significantly reduce the instances of hot flashes and improve the quality of life in menopausal women. In studies, women who supplemented with hops extract showed decreases in total menopausal discomforts, including a decrease in the number of hot flashes and night sweats.\*

## What is menopause, and when does it start?

Menopause is the ceasing of the monthly female menstrual cycle. Some common symptoms of menopause include hot flashes, night sweats, mood swings and sleeplessness.

The average age of menopause in the United States is 52 years old; yet the age of onset varies and can occur anytime between 40 and 60. Prior to menopause, some women experience perimenopause, a time period that can include many of the symptoms of menopause before menstruation stops.

## What is PMS, and what are its symptoms?

Premenstrual syndrome, or PMS, occurs for up to two weeks prior to menstruation. PMS has been associated with a deficiency or excess of hormones, nutritional deficiencies and stress, as well as other nutritional and lifestyle factors.

Symptoms of PMS include increased levels of anger and stress, bloating, breast tenderness and sensitivity, abdominal discomfort, sadness, short-term fatigue, head discomfort, hostility, trouble sleeping, joint discomfort, mood swings, nervousness and tension.