

# ISOTONIX<sup>®</sup> MAGNESIUM

## Isotonix<sup>®</sup>

The world's most advanced nutraceuticals

PROMOTES HEAD COMFORT

OPTIMAL MUSCLE HEALTH  
AND COMFORT

NORMAL BLOOD SUGAR  
LEVELS

HEALTHY SLEEP QUALITY



PRODUCT SKU: 12989 | 45 SERVINGS

### Why Choose Isotonix Magnesium?

There are numerous magnesium supplements on the market today, but only Isotonix Magnesium combines a formula blending two different types of magnesium in an isotonic form for maximum absorption by the body with amazing value. Magnesium, the fourth most abundant mineral in the body, is necessary for hundreds of functions. However, the average adult doesn't typically get enough of this important nutrient. For less than a dollar a day, Isotonix Magnesium provides 100% of the recommended daily value of magnesium, an amount other products can't match. Plus, with the revolutionary Isotonix Delivery System, you're giving your body what it needs, how it needs it.

### What benefits does magnesium provide the body?

With its involvement in supporting over 300 enzyme reactions, magnesium plays roles in many aspects of health.

With regards to bone health, it is an important component of the mineralized part of bone, and supports the normal metabolism of calcium and potassium in adults. Magnesium works together with calcium and vitamin D to help keep bones strong and support bone mineral density.

Magnesium also supports muscle development and movement and the transmission of nerve impulses to the muscles. Studies clearly demonstrate the effects of supplemental magnesium on muscular health. Adequate magnesium levels are also important for cardiovascular health.

Studies show magnesium supports a regular heartbeat, thus promoting a healthy heart. Additionally, magnesium helps maintain normal blood pressure. Magnesium helps maintain normal blood pressure.

Magnesium supports normal protein synthesis. As such, there is evidence that magnesium helps maintain normal blood sugar levels.