## **PRODUCTS THAT SUPPORT HEALTHY BLOOD FLOW AND CIRCULATION** *GET YOUR BLOOD FLOWING AGAIN WITH*





## How do we keep our blood healthy?

- Eat heart-healthy foods high in antioxidants.
- Don't forget the cruciferous vegetables and berries.
- Drink plenty of water.
- Exercise and get a good night's sleep.
- Additional support through supplementation may include Isotonix OPC-3<sup>®</sup> and Curcumin Extreme™.

Benefits of Isotonix OPC-3\* (made from a combination of bilberry, grape seed, red wine, pine bark extracts such as Pycnogenol and citrus extract bioflavonoids): Research suggests they have antioxidant properties which have been linked with healthy circulation and vascular integrity.



sotonix

OPC-3

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- Helps maintain healthy circulation by strengthening capillaries, arteries and veins.
- Supports healthy platelet activity.
- Promotes healthy blood vessel dilation.
- Promotes healthy nitric oxide levels.
- Helps promote cardiovascular health.
- Helps maintain healthy cholesterol levels.
- Helps promote healthy blood flow velocity.
- Helps maintain healthy levels of C-reactive protein.



Benefits of Curcumin Extreme\* (a combination of Curcugreen,

**broccoli seed extract and selenium):** Studies suggest that curcuminoids may promote a significant response to neutralize oxidative stress, which is a primary concern in healthy cardiovascular function.



- Supports healthy platelet activity.
- Helps maintain healthy blood protein activity.
- Promotes normal activity of NF-kappaB, TNF and VEGF.
- Supports healthy cyclooxygenase, prostaglandin and leukotriene metabolism.
- Helps support blood vessel integrity from the effects of free radicals.



\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.