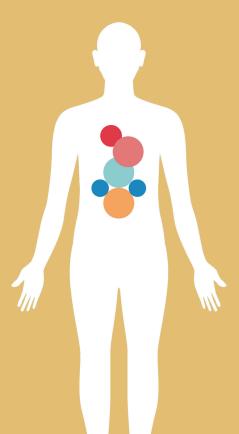
# RECLAIM AND REJUVENATE

# Your Vitality with Isotonix® Coenzyme Q10



Small amounts of coenzyme Q10 (CoQ10) are produced in the liver and distributed to the rest of the body. As you age, this production starts to decline.

A combination of choosing the right foods, such as organ meats, muscle meats, fish, peanuts, spinach, soy and nuts, along with supplementation, can provide the body with the best possible amount of CoQ10 to optimize your health efficiently.

#### Within a cell CoQ10:

- Serves as a carrier of electrons in the electron transport chain.
- Neutralizes free radicals.
- Helps protect the integrity of the mitochondrial membrane.

## Did you know?

A person's heart beats, on average, 100,000 times each day. CoQ10 is the vital nutrient that initiates energy production at the cellular level and acts as a powerful antioxidant when combined with vitamin E.



Promotes cardiovascular health and healthy cholesterol levels.



Helps maintain normal blood pressure and heart muscle health.



Vital for ATP production and supports muscle endurance.





Provides antioxidant protection for the cardiovascular system.



Helps maintain healthy blood sugar levels.



Promotes a healthy immune system.

### Why select an isotonic form of CoQ10?

The isotonic state of the suspension allows nutrients to pass directly into the small intestine and be rapidly absorbed into the bloodstream. With Isotonix products, little nutritive value is lost, making the absorption of nutrients highly efficient while delivering maximum results.