



14,500

ORAC units

ELDERBERRY

Stimulates the immune system

34,000

ORAC units

BLACK PEPPER

Promotes the body's natural energy generation

7,900

ORAC units

BLACK CURRANT

Rich in vitamins and minerals

orac explained

We've all heard that fruits and vegetables are good for us thanks to their antioxidant power. But to understand why, we have to look a little deeper. That's where an ORAC (Oxygen Radical Absorbance Capacity) score matters. This score measures a food's free-radical-fighting capabilities. The higher the score, the better a food is at helping our bodies destroy free radicals. Take a look at some of these high-ORAC foods and the health benefits these superfoods provide. *ORAC value source: USDA Database, May 2010.*

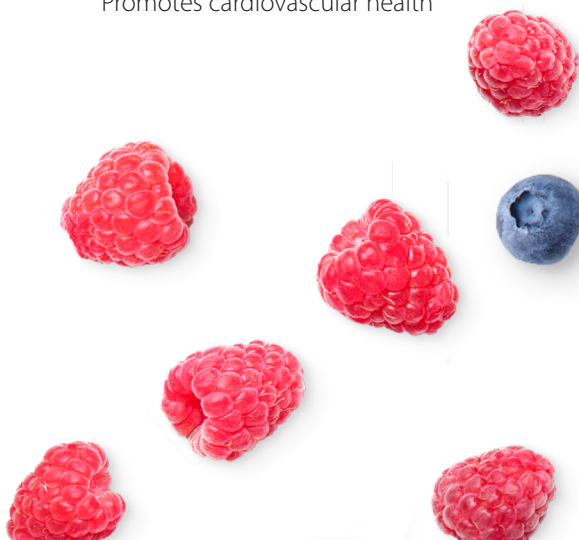
These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

5,000

ORAC units

RASPBERRY

Promotes cardiovascular health



4,500

ORAC units

BLUEBERRY

Promotes cellular health



9,900

ORAC units

CRANBERRY

May help maintain healthy cholesterol

