# Supporting Joint Health From the Outside:

# **Shopping Annuity® Brand Premium Extra Strength Pain Relief Spray**

**Active ingredient:** menthol, an organic compound that provides a cooling effect for temporary relief of aches and pains.

**Recommended use:** provides temporary, topical relief for pain associated with arthritis or painful joints (elbow, shoulder, hips and knees), strains, bruises, sprains and muscle aches and pains.

### **Benefits:**

- Provides penetrating pain relief for temporary muscle aches and pains.
- Provides relief for painful joints (elbows, shoulders, hips and knees).
- · Provides relief for arthritis, strains, bruises and sprains.

# ... and From the Inside:



**Active ingredients:** grass-fed bovine collagen, vitamin C from acerola and biotin.

- Vitamin C: an essential vitamin the body requires for collagen production and has shown to aid in collagen production in adults.
- Biotin: naturally aids the body's keratin production, which acts like collagen to support the structural fibers (proteins) of the body's connective tissues.
- Hydrolyzed collagen peptides: sourced from grass-fed bovine, these provide a form of collagen that's more easily absorbed into the bloodstream.

**Recommended use:** supports joint health by providing ongoing structural support for bones, skin, muscles, tendons and ligaments and helps promote the cohesive functioning of all by holding them together.

## **Benefits:**

- Supports joint tissue health and function involving cartilage and ligaments.
- May support overall joint health and normal healing.
- · May help maintain muscle strength.
- Supports bone health.
- · Contains types I and III collagen, the most abundant types of collagen found in the body.

# Prime<sup>™</sup> Joint Support Formula by Isotonix<sup>®</sup>

Active ingredients: glucosamine, pycnogenol and hyaluronic acid.

- Glucosamine: a key component of cartilage that supports healthy joint function and promotes the normal production of synovial fluid, which lubricates your joints and regenerates cartilage.
- Pycnogenol: promotes blood flow and joint comfort associated with the normal aging process.
- Hyaluronic acid: helps maintain strong, healthy cartilage and promotes normal healing.

**Recommended use:** supports joint health by providing ongoing support for healthy joint lubrication when taken daily.

# **Benefits:**

- · Helps maintain optimal joint health and flexibility.
- · Keeps your joints young.
- · Helps maintain joint comfort.
- · Helps maintain healthy cartilage.





