

Nootropic Support for Working Memory

# Key Benefits of NEURAVENA<sup>†</sup>

## Electrical Brain Activity



Supports an increase in neurological brain activity that is linked to the areas of the brain that are associated with memory\*.

## Nootropic Support

Offers nootropic support for working memory while promoting mental performance and flexibility\*.



## Contains Monamine Oxidase B (MAOB)

An enzyme that promotes a greater storage of dopamine available for the brain to release\*.



## Wild Green Oat Extract

Neuravena<sup>®</sup> is extracted from wild green oat, which has been shown to support mental fitness, concentration and cognitive performance in stressful situations\*.



## Contains Flavonoids

Flavonoids contain antioxidants that have the potential to promote improvements in cognitive performance and memory\*.



**Neuravena** is an extract from a proprietary variety of wild green oat, *Avena sativa* L., that provides natural support for mental fitness, concentration and cognitive performance in stressful situations.

## NEURAVENA *Studies*

### STUDY ONE

One study conducted on elderly volunteers with below-average cognitive performance asked subjects to perform a cognitive task after consuming a single dose of Neuravena. The results showed a significantly greater amount of electrical brain activity, in comparison to the placebo group, within the frontal and temporal lobes of their brains. Thus, the study revealed that Neuravena can support an increase in neurological brain activity that is linked to the areas of the brain that are associated with memory.

[1] Berry NM, Robinson MJ, Bryan J, Buckley JD, Murphy KJ, Howe PR. Acute effects of an *Avena sativa* herb extract on responses to the Stroop Color-Word test. *J Altern Complement Med.* 2011 Jul;17(7):635-7. doi: 10.1089/acm.2010.0450. PMID: 21711204.

### STUDY TWO

Another study on the acute effects of Neuravena demonstrated that those who were administered 800 mg of the supplement reported better results on various cognitive tasks than the other test group, which received 1600 mg of Neuravena. Overall, the study demonstrated that an 800 mg dose of Neuravena served as an optimal dose.

[2] Kennedy DO, Jackson PA, Forster J, et al. Acute effects of a wild green-oat (*Avena sativa*) extract on cognitive function in middle-aged adults: A double-blind, placebo-controlled, within-subjects trial. *Nutritional Neuroscience.* 2017 Feb;20(2):135-151. DOI: 10.1080/1028415x.2015.1101304.

<sup>†</sup>Neuravena is a registered trademark of Frutaron Netherlands B.V.

800 mg Neuravena = optimal dose

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.