

DETOXIFY

DETOXIFICATION:

a metabolic process in the body that involves the removal of toxins.

MAIN DETOX ORGAN: THE LIVER

- Filters and cleans your blood to remove toxins.¹
- Converts fat-soluble toxins into water-soluble toxins for easier excretion.¹

OTHER DETOX ORGANS

Kidneys – flush out waste and toxins as urine.¹

Colon – excretes chemical solid waste so that it's not recirculated into the bloodstream.¹

Lungs – filter out airborne toxins.¹

Skin – absorbs waste and releases toxins through sweat.¹

Lymph – supports healthy blood circulation by helping to eliminate byproducts.¹



BENEFITS OF DETOXIFICATION

- The liver is the body's primary filter for toxins. Healthy liver functions can support healthy bile production.
- Detoxification of chemicals in the body into less harmful compounds, support the normal transport of nutrients to the lymphocytes and phagocytes (two major types of immune cells), and promote the health of cell membranes.

THINGS TO ELIMINATE FROM YOUR LIFESTYLE TO PROMOTE HEALTHY DETOXIFICATION

- **Processed foods** – Eat fewer processed foods (canned and packaged foods, fortified foods and fast food).
- **Smoking** – Cigarettes contain thousands of toxic chemicals.
- **Soft drinks** – Phosphoric acid can upset the pH balance in your body. It can also pull much-needed calcium from the bones if you consume it in large quantities.
- **Hydrogenated oils** – Foods go through hydrogenation to increase their stability and storage time; this process increases the saturation of the fats in food. Margarines, spreads, cooking fats and commercially baked foods contain hydrogenated fats, which can increase cardiovascular risk.

WHY DETOXX?

In providing select nutrients and botanicals, the NutriClean® 7-Day Cleansing System cleans the colon and liver to help the body eliminate potential or accumulated toxins. Sufficient detoxification support may:

- Support overall health by helping to maintain normal cholesterol levels and by helping to maintain normal blood glucose levels.
- Promote immune health.
- Help maintain digestive health.
- Support healthy nutrient absorption.
- Support overall health.
- Promote liver health.



SOURCES:

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*These statements have not been evaluated by the Food and Drug Administration. This product(s) is not intended to diagnose, treat, cure or prevent any disease.

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