

BROMELAIN

The Beneficial Enzyme

CONCERN:

Some cells in the body “disguise” themselves from the immune system by using a protein layering as a shield.

OPTION:

Protease enzymes, like bromelain, can help support your immune system detect these cells. These enzymes help support your body’s ability to engage in a so-called “cellular house cleaning,” which is important for the maintenance of cellular health.

Health Benefits of Bromelain



Supports the body’s normal healing process



Supports healthy joint functioning



Promotes healthy blood circulation



Supports a healthy immune system



Supports the body’s normal tissue and recovery repair process



BROMELAIN is a proteolytic enzyme — an enzyme that breaks down protein. Proteolytic enzymes work to break specific peptide bonds or break down a complete peptide to amino acids. As systemic enzymes, proteases support the body’s normal recovery process.

Bromelain was originally used as a meat tenderizer because of its ability to break down proteins, and research now shows that powdered bromelain promotes health. Bromelain is found in every part of the pineapple, but it is most plentiful in the stem. Most commercially-grown pineapple is sliced, canned or juiced. The remains are rich with this substance, which is then extracted. Other food sources containing bromelain include papaya, fermented foods, yogurt and ginger.¹

Source:

1. Rd, J. K. M. (2018, February 17). Proteolytic Enzymes: How They Work, Benefits and Sources. Healthline. www.healthline.com/nutrition/proteolytic-enzymes#TOC_TITLE_HDR_5

*These statements have not been evaluated by the Food and Drug Administration. This product(s) is not intended to diagnose, treat, cure or prevent any disease.