

Fueling Your Body for Peak Performance



Branched-Chain Amino Acids (BCAAs)

Healthy muscle growth and retention

- Make up to 30-35% of muscle tissue.
- Must be consumed through diet – cannot be synthesized by the body.
- 3 g of BCAAs is equivalent to eating two eggs.



Vitamin D-3

Immune health

- Supports cardiovascular health.
- Supports optimal bone health.
- Supports optimal immune function.



Pycnogenol®*

Powerful antioxidant protection

- Helps combat free radicals before they cause oxidative stress to the body.
- Benefits of Pycnogenol® have been researched in more than 100 published clinical studies and 300 scientific publications.



Activated B Vitamins

Increased energy

Activated forms of B vitamins are more readily processed by the body and thereby increase their effectiveness.

- Energy for muscles.
- Manage stress.
- Support mood.



These statements have not been evaluated by the Food and Drug Administration. This product(s) is not intended to diagnose, treat, cure or prevent any disease.

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