## gotrim How Does Stress Affect Your Weight?

When we are faced with stress, the body's adrenal glands naturally release hormones like CORTISOL, which impacts:



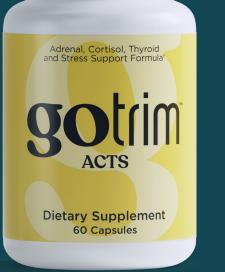


FUNCTION



SYSTEM

Increased cortisol due to stress can contribute to more snacking and belly-fat storage.



## Help Manage Weight Gain and Stress with GoTrim<sup>®</sup> ACTS

- May help minimize certain stress-related issues (weight gain, difficulty sleeping, etc.)
- Helps support emotional response to stress
- Helps maintain healthy serotonin and dopamine levels
- Helps support mood

Try GoTrim ACTS Adrenal, Cortisol, Thyroid and Stress Support Formula created with unique stress-fighting ingredients!