

Help Combat Stress-Related Weight Gain

When we experience stress, our body releases a hormone called cortisol, which may contribute to unwanted weight gain or inability to lose it.



Helps to promote healthy levels of cortisol



May help to maintain normal thyroid function



Helps to support emotional responses from stress



Helps maintain healthy levels of both serotonin and dopamine



Helps support mood



Helps to reduce stress placed on the adrenals to perform



HELP FIGHT **STRESS & WEIGHT GAIN** WITH GOTRIM ACTS

GoTrim® ACTS Adrenal, Cortisol, Thyroid and Stress Support Formula is a unique blend of adaptogenic herbs, botanicals and nutrients that may help to minimize certain stress-related issues.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

Individuals following the GoTrim® Lifestyle System as part of a healthy diet and exercise program can expect to lose 1-2 pounds per week.