## Help Combat Stress-Related Weight Gain

When we experience stress, our body releases a hormone called cortisol, which may contribute to unwanted weight gain or inability to lose it. nutraMetrix GoTrim ACTS doesn't just mask the problem of weight gain – it addresses the root of the problem by helping your body adapt to stress and assisting you with your weight management goals. nutraMetrix GoTrim ACTS:





## HELP FIGHT **STRESS & WEIGHT GAIN** WITH NUTRAMETRIX<sup>®</sup> GOTRIM<sup>®</sup> ACTS<sup>\*</sup>

nutraMetrix<sup>®</sup> GoTrim<sup>®</sup> ACTS Adrenal, Cortisol, Thyroid and Stress Support Formula is a unique blend of adaptogenic herbs, botanicals and nutrients that may help to minimize certain stress-related issues.

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

Individuals following the GoTrim® Lifestyle System as part of a healthy diet and exercise program can expect to lose 1-2 pounds per week