MochaTonix®

Fat Burning. Nutrient Enhancing. Energy Boosting.

Burn fat with a blast of energy in three flavors — mocha, cappuccino and vanilla!



How does MochaTonix® burn fat?

Advantra Z promotes lipolysis, the breakdown of fat, and thermogenesis, the production of body heat in muscle and fat. MochaTonix taps into the body's brown fat stores, which are the storehouses of fat tissues. Endurance exercise lasting longer than 30 minutes is thought to be the only way to extract this brown fat tissue; however, it has been found that citrus aurantium as found in MochaTonix has the ability to promote the body's use of this fat.

The extract of citrus aurantium, in addition to synephrine, also contains tyramine and octopamine. Citrus aurantium as a part of Advantra Z is an agent containing beta agonists and has been reported to support weight loss and promote thermogenesis.

Benefits:



Contains patented ingredient Advantra Z[®].*



Promotes thermogenesis and lipolysis.



Increases energy.



Helps to suppress appetite.



Helps heighten endurance levels.



Supports weight loss and control.



Helps to burn fat and increase physical performance.

*Advantra Z[®] is a registered trademark of Nutratech, Inc. (U.S. Patent No. 6,224873). Advantra Z (Standard 10% adrenergic amines, including synephrine, N-methyltyramine, hordenine, octopamine and tyramine from *Citrus aurantium* 30 mg) (Fruit)

Study One

Colker (1999) reported that in a double-blind, placebo-controlled, randomized study, that the subjects receiving a combination of citrus aurantium, caffeine and St. John's Wort, lost significant amounts of total body weight while on a strict diet with exercise. Those in the placebo and control groups who also were on the same restricted diet did not. The loss of fat mass in the test group was significantly greater compared to the placebo and control groups.

Study Two

In a similar study performed on nine women, the subjects showed a mean of 0.94 kg lost during the first week when no product was given and 2.40 kg during the second week when a citrus aurantium product was taken. Body weight losses were statistically greater during the second week compared to the first week.