

How active is your aloe?

Aloe Vera Stats

20

Number of minerals found in aloe vera

2

Number of feet tall aloe vera plants can grow

75

Number of known nutrients in aloe vera



99%

Percent of aloe that is water

200

Number of plant compounds in aloe like phytonutrients, proteins and enzymes

250

Number of species of aloe

Aloe Vera through the Ages

2100 BCE



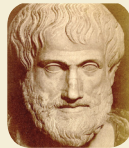
Botanists believe aloe vera originated in warm, dry African climates

1550 BCE



Egyptians call aloe vera the "plant of immortality"

4th Century BCE



Aristotle teaches Alexander the Great that aloe is "the potted physician"

Early Common Era



Aloe used as a laxative and topical analgesic for centuries

18-19th Centuries



Aloe was one of the most frequently prescribed medicines

Today



The IASC, International Aloe Scientific Council, certifies high-quality aloe

Nicknames for Aloe



The Egyptians called aloe vera the plant of immortality. Here are a few more famous

nicknames for aloe:

- first aid plant
- wand of heaven
- silent healer
- miracle plant
- nature's tonic

Vitamins

found in Aloe:

- ✓ Vitamin A
- ✓ Vitamin C
- ✓ Vitamin E
- ✓ B1, B2, B3, B6 y B12*
- ✓ Folic Acid
- ✓ Choline

*Aloe vera is also one of the few plants that contains vitamin B12.

Minerals

found in Aloe:

- ✓ Calcium
- ✓ Magnesium
- ✓ Zinc
- ✓ Chromium
- ✓ Selenium
- ✓ Sodium
- ✓ Iron
- ✓ Potassium

ACTIValoe

ACTIValoe promises the best quality of aloe vera. It is...

- high quality
- organic
- biologically active
- certified pure by the IASC