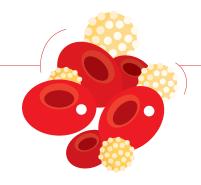


## WHAT IS BROMELAIN?

**BROMELAIN** is a proteolytic enzyme – an enzyme which breaks down protein – that is found naturally in the stems of pineapples.

Inside our bodies, many unhealthy cells "disguise" themselves from the immune system using a protective protein shield.



Proteolytic enzymes like **bromelain** can help identify and promote the removal of unhealthy cells.

Studies support that bromelain helps to **aid in overall general well-being**, along with the support of comfort and physical function. Some studies also suggest that bromelain helps to promote healthy cells.

## FACT:

Bromelain, the enzyme, has historically been used as a meat tenderizer because of its ability to break down proteins. This same property also applies to us as humans. Bromelain is able to break down proteins in our bodies, **aiding in the body's normal tissue and recovery repair process.** 



Bromelain helps the body to produce enzymes that **SUPPORT** normal healing.